

Dr. James Zender - Official Bio

Dr. James F. Zender is the author of the best-selling book [*Recovering From Your Car Accident: The Complete Guide To Reclaiming Your Life*](#), a clinical and forensic psychologist, certified brain injury specialist and certified traumatologist. His Psychology Today blog, The New Normal, made Heathline's List of best traumatic brain injury blogs of 2019. Zender was the founding director of The Center for the Prevention and Treatment of Psychological Trauma at Detroit Receiving Hospital and University Health Center and was a full time Affiliate Instructor in Psychiatry at The Wayne State University School of Medicine. For the past 15 years, his private practice in the Detroit Metro area has focused on vehicular trauma injury recovery. He has lectured at the The World Psychiatric Association, Harvard Medical School, The International Society of Traumatic Stress Studies, and The American Psychological Association.

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